

# GLOBAL NETWORK GOLD FORUM EVENT 2019

## good practice

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Healthcare Service Name: **Tartu University Hospital (TUH)**

Country/Region: **Estonia**

Self-Audit Score 2018 (Standards 1-8): 140

Number of beds: 622

Number of staff: 3023

Specialisation: Anaesthesiology and Intensive Care Clinic, Eye Clinic, Haematology and Oncology Clinic, Heart Clinic, Internal Medicine Clinic, Neurology Clinic, Radiology Clinic, Surgery Clinic, Traumatology and Orthopaedics Clinic, Women's Clinic, Department of the Pulmonology and Thoracic Surgery, Department of Maxillofacial Surgery

### Innovative/good practice: highlight implementation examples

#### GOVERNANCE AND COMMITMENT

- Work Procedure Rules prohibits smoking inside the hospital and within a 30-metre radius surrounding the hospital
- Tobacco-free Health Care Environment Working Group sets annual goals and measures in TUH



#### HEALTHY WORKPLACE

- Annual Health Day Event and sport events for employees
- Tobacco cessation success stories in the hospital's newspaper

#### Kliinikumi Leht

##### Suitsetamisest loobumine saab alguse loobuja peast

Kliinikum on alates 1. maist suitsuvaba haigla. Muutuse eesmärgiks on parandada patsientide ja töötajate tervist ja heaolukust ning kaitsa ja parandada kliinikumi sise- ja väliskeskkonda.

Suitsetamine loobub ja saavad endalegi kaitse, kui loobumiseks on vajalik toetust. Kõige rohkem loobumisele aitavad kaasa sõbrad, kolleegid ja kaalukad. Tähtsaks on, et patsientidele ei oleks suitsu lõhn, mis võib olla häiriv ja ka kahjulik. Tähtsaks on ka suitsu lõhn, mis võib olla häiriv ja ka kahjulik. Tähtsaks on ka suitsu lõhn, mis võib olla häiriv ja ka kahjulik.

#### COMMUNICATION about tobacco-free policy

- Tobacco-free policy information through the hospital website, articles in local and national newspapers, patient brochures, hospital's health days and Group Counselling Service
- Annual "The Best Nurse" competition, where the one of the selection criteria is non-smoking

#### COMMUNITY ENGAGEMENT

- TUH involvement in the development of the guidelines in national level
- Health Day Events for the community

#### IDENTIFICATION, DIAGNOSIS AND TOBACCO CESSATION SUPPORT

- Patient's smoking habits are documented in the electronic health record
- Tobacco cessation counselling service for the patients and employees
- Free nicotine replacement therapy for patients
- Free nicotine replacement/dependence therapy for employees
- Discussion Groups for patients, their relatives, students and employees

#### MONITORING AND EVALUATION

- Smoking prevalence survey among TUH employees



#### TOBACCO-FREE ENVIRONMENT

- In the event of a policy violation, the case can be recorded in the electronic Patient Safety Reporting System (PSRS)
- TUH System for Registration of Proposals and Complaints includes registration of the complaints related to smoking

